



Alaska Yukon Discovery Tours

SUMMER PACKING LIST

Packing for a trip to Alaska and the Yukon can be overwhelming – do you bring cold weather, warm weather, rainy or sunny clothes? The key to packing well for a trip to up north is with layers. You want to be able to bundle up on a brisk morning, but strip down to a t-shirt for a warm afternoon. The best materials are synthetic or merino wool, as they are warm, water-resistant, and stink-proof. Make sure you have a water-proof jacket, as rain is no joke in Southeast Alaska!

- ✓ Base-layer – This is what you will wear closest to your skin, so make sure that it's comfortable! Whether long sleeve or short sleeve, find a base-layer that is wicking (will keep moisture off of your skin) for those rainy days or a hike in the alpine.
- ✓ Mid-layer, or Insulating Layer – A fleece jacket, a synthetic puffy jacket, light down jacket, or a sweater is a great option for your mid-layer piece. You want this piece to be warm and wind- and abrasion-resistant. Consider bringing warm leggings or long johns to wear under your normal pants, as well, especially in spring or fall conditions!
- ✓ Outer layer – You will want a shell that is waterproof, windproof, and breathable so that you can be comfortable in any weather condition! Gore-Tex® is great, but not always necessary, as it is so expensive. Outer shells with vents (especially at the armpits) are great for rainy walks, so you will not trap your body heat inside and swelter! Look for materials treated with DWR®. You can also reinvigorate your current rain-shell with DWR treatments.
- ✓ Rainproof pants – These will be a lifesaver during rainy days. Look for rain pants that Velcro or zip easily over your legs, so you will not have to change your lower layers every time the weather does.
- ✓ Gloves – A thin pair of fleece gloves can make the difference between an enjoyable excursion by a glacier and being cold all day! Bring a pair of gloves that you can easily tuck into a jacket pocket for when the wind picks up or the weather turns chilly.
- ✓ Warm hat – A lightweight and warm hat is a great idea to have in your pocket, as well! Fleece, wool, or even a thin running beanie can make your day that much better.
- ✓ Socks – Make sure to bring multiple pairs of socks, from thin ankle socks for walking around town on warmer days, to thicker socks for cold, rainy days. Having multiple pairs is a good way to ensure you don't have to do laundry, and you don't run out of warm socks.
- ✓ Walking shoes – Running shoes, tennis shoes, lightweight hiking shoes: whatever you choose to bring, just make sure they are broken in! Alaskans aren't into fashion; they're into function. Your old, comfortable sneakers are going to be far more enjoyable than brand new shoes that have never left the box. If you want to bring rain boots, that is okay – just make sure they don't give you blisters after 5 minutes of walking.
- ✓ Sun protection – With lots of water activities, you will definitely want sunglasses, sunscreen, and potentially a light-weight sunhat. Because Alaska and the Yukon have so many hours of daylight during the summer, you will want to protect your skin!



Alaska Yukon Discovery Tours

- ✓ Warm weather clothes – Alaskan weather can also be sunny, warm, and beautiful! Bring a pair of shorts and a tank top or cotton t-shirt for those gorgeous summer days.
- ✓ Bug spray – Our unofficial state bird is the mosquito, after all. Find bug spray with DEET, as natural bug sprays such as citronella do not work as well in Alaska. (Look for 30-40% DEET; 100% is overkill for our area!)
- ✓ Backpack – A small backpack for extra layers, water, camera, and your wallet is always a good idea.
- ✓ Passport/ID – You will need this to get into Canada and back into the United States!
- ✓ Camera – Whether it is your phone, a digital camera, or a disposable camera, there will be thousands of photo opportunities on our adventures. If your camera requires batteries, make sure to bring extra; if your camera uses rechargeable batteries, consider bringing an external battery pack to recharge while travelling.
- ✓ Water bottle – A reusable water bottle, like a Nalgene, is a good idea as travelling can be extremely dehydrating. While our activities will have water available, it is always a good idea to have your own bottle while travelling and sightseeing.